



LEAP to Durham College

Durham Continuing Education- Dual Credit April 17 – June 17, 2020 Personal and Career Success Strategies

Personal and Career Strategies: Refine your self-awareness, identify your talents and develop a workable plan so you can balance home (including parenting), life, and the demands of college. Embrace your personal learning style and consider ways to adapt and flourish in the college environment. Consider your study skills, goal setting and time management practices in order to better prepare for academic success. Gain practice in utilizing skills that will be essential to your chosen career, including: critical thinking, proper decision making and value judgements. Explore the notion of lifelong learning as it relates to the services sector.

In the Dual Credit class, you will:

- Be taught by a college instructor and a high school teacher
- Earn a college credit while still in high school
 - **GWB4T** on the high school transcript and,
 - **Personal and Career Success Strategies (CPSE1501)** on the Durham College transcript.

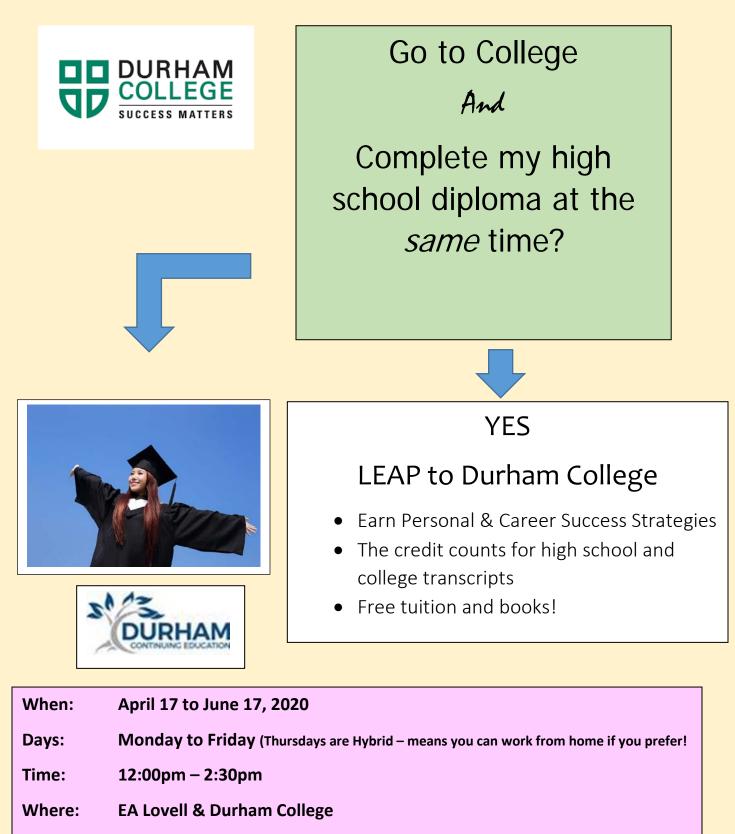
Benefits:

- Experience success in a college course, learn valuable life and college skills
- Attend classes on the Durham College campus and EA Lovell Adult Ed Centre
- Ease your transition to post-secondary
- Free tuition for this college course, Durham College photo ID, bus pass, and textbooks; yes all FREE!!

Activities and Workshops: Tour Durham College and Whitby Skills Centre, Student Academic Learning Services (SALS), Health Centre, FLEX Centre, Outreach, First Generation Supports, and the Food Bank. Learn how to use DC Connect for your studies, apply to college, apply for OSAP, explore campus employment opportunities, pay for childcare, and move successfully from OW to OSAP if this applies to you.

Days:	Monday to Friday	
Dates:	April 17 to June 17, 2020	
Location:	EA Lovell Adult Ed Centre	Time: 12:00pm - 2:30pm - two days a week (TBD) & one hybrid day (work from home if you prefer)
Location:	Durham College	Time: 12:15pm -2:45pm – two days a week (TBD)
Contact:	Pearl Easington at DCE, Office hours: 12:00pm to 2:30pm on Tuesday, Wednesday and Thursday. Phone number: 905-440-4495	





Who: Young parents working on OSSD, and considering college

Contact: Pearl Easington at DCE / Your LEAP worker